



After All.

PROJECT

Listen to your elders, there is no better wisdom for you.

Ehsan Sehgal

After All Project is a growing collection of memories and wisdom from people aged 80 and above, from around the globe, sharing their life experience.

The ongoing technological shift often leaves some very important voices out of the choir: our elders, those who have had plenty of life to share and enrich the world with.

We aim to open a window into their lives, and to share these untold stories and perspectives with you.

With the After All Project we aim to give a voice to the Silent Generation, one story at a time.

HOW TO SET UP YOUR VIDEO INTERVIEW

We kindly ask for the video to be set up in **landscape mode** and for each **participant to be interviewed individually** and in their own language.

Find a **quiet space** – with as little background noise as possible– for your interview.

Please sit your **interviewee** comfortably, in the **center of the screen** (as in the example below), making sure her/his **face is in focus and well-lit**.

Please ensure that the **lighting of the video remains unvaried throughout its length**. We recommend avoiding taking videos at sunset, for this reason.



High Resolution videos are preferred, if possible.

If you are taking the video with your smartphone, here are the **video settings** to apply to your camera app before you get started:

1080p HD 30fps

Audio: Mono (if your phone allows)

Please ensure your **camera lens is clean** before you record the video.

If you are **interviewing remotely** using a video conference software, we kindly ask to record your screen with the **interviewee in full screen**.

In order to guarantee a good quality outcome we kindly ask you to **refrain from commenting or talking on top of the interviewee**, while he/she is answering the questions.

THE QUESTIONS

Please introduce yourself stating your name, surname and year of birth.

1. What are the three most significant moments of your life?
2. What are your greatest achievements and deepest regrets?
3. What does happiness mean to you?
4. If you could describe your life in one word, it would be...
5. If you could share one piece of advice or a message with those younger than you, what would this be?
6. What is your favourite song?

EXTRA QUESTIONS

If you have time and the interviewee is keen to share more.

7. Share one thing you remember from your childhood.
8. How do you think the future will be like?
9. How did you see the role of women change in society throughout your life?
10. What do you think about technology?
11. What is your best quality?
12. What does love mean to you?

CONSENT TO THE USE OF THE INTERVIEW

To be requested during the interview. The interviewer may read the following and ask the interviewee to express consent during the video.

“Do you agree to the distribution of the interview and right of image authorising After All Project to share content and video, both for activities directly related to the project, and for its promotion, on multiple platforms and in any format or adaptation?”

SHARE YOUR FEEDBACK

Let us know how your interview went. We welcome any comment and suggestion from you!

A big thank you for your collaboration,

Marina Araki & Erica Westmore
(After All Project Founders)